

CERTIFICATE

OF PARTICIPATION

This is to certify that

Helma Nieuwenhuize

Has successfully participated & completed the

5km Konka Farm Run

held at Konka.

TIME 00:43:12

PACE 08:37/km

OVERALL 139 of 320

at

31 August 2019, Sat

Date

GENDER 85 of 203

50 - 59 10 of 30

Bout Time

Signature

